

Meghan Markle's routine

Meghan Markle is prince Harry's wife. They live in Los Angeles.

- She always wakes up at 4:30 am and does some yoga. Then she checks her emails and works. After she listens music to be in a good mood for the day. Then she has healthy breakfast, she usually eat omelets because she loves it. Next she waits for royal engagements. Then she works on her home renovation. Next she does some shopping alone when she can. After she does a full workout, she likes running. She sometimes watches a movie with Harry.
- Her routine can be different but this is what she usually does.

